

Decompression Therapy Can Relieve Your Aching Back

When a person's lumbar spine has been stressed beyond limits and medical intervention has not fulfilled patient's expectations, surgery is sometimes recommended as the only hope.

According to Dr. Larry Dees previously non-responsive low back pain patients have been given a new referral avenue from their family practice physician and there is now

Snoring May Point To Other Problems

Did You Know?

While snoring affects many people and is, for the majority of people who snore, essentially harmless, for certain people snoring could be a telltale sign of sleep apnea, a very dangerous condition where people actually stop breathing for extended periods of time while sleeping.

According to the American Sleep Apnea Association, sufferers of sleep apnea can stop breathing hundreds of times throughout a typical night, with stoppages lasting up to a minute or longer.

The most common form of sleep apnea is Obstructive Sleep Apnea (OSA), which is caused by a blockage of the airway that results when soft tissue in the rear of the throat collapses and closes during sleep.

These pauses in breathing reduce blood oxygen levels, causing strains on the heart and the cardiovascular system, increasing the likelihood of cardiovascular disease as a result.

Someone who is suffering from sleep apnea will awaken several times per night gasping for breath. Also, those with sleep apnea will frequently feel sleepy during the daytime.

Overweight men above the age of 40 are most susceptible to sleep apnea, but ultimately anyone can suffer from the disorder.

While treatments for apnea are available, underestimating this potentially fatal disorder and writing it off as just plain old snoring have resulted in a number of cases going undiagnosed, oftentimes until it is too late.

a real hope for a comprehensive solution. It's called Lordex.

Dees is a ten-year veteran in chiropractic and pain management. He has recently opened his new office in Fort Bend County in Rosenberg. Dr. Dees has an extensive background in low back pain management having worked with lumbar spine pain management specialists Kenneth Fults, D.O., FAAPM just prior to joining the Lordex Spine Institute.

"Low back pain is managed best when the physiology is changed by addressing the mechanical components and not just the pain," Dees said. "Pain is a by product of mechanical instability. When the support structures like the muscles, tendons and ligaments are damaged and worn through impact trauma or repetitive stress, the nucleus may migrate and bulge. Simultaneous cascade effect on the facet joints and the nerve root

sleeve make the patient subject to a myriad of neurological feedback".

The Lordex Corporation, with national headquarters in Houston has researched, designed, and manufactured equipment specifically for the orthopedic industry, more specifically the lumbar spine for 15 years.

"The Lordex Lumbar Spine System incorporates a closed reduction decompression technology in conjunction with strength restoration therapy," Dees said. "The Lordex RX1 targets the lumbar muscles to re-introduce kinetic activity to produce an overload stimuli to cause muscular hypertrophy and restore functional capacity.

Dees said the Lordex Decompression Unit tractions the spinal joints, distracts the compressed lesion and reduces interdiscal pressure, thereby reducing pain.

Dr. Stan Jones, Orthopedic Spine Surgeon, feels that the Lor-

dex procedure is soon to become the first line of therapeutics for acute and chronic low back pain patients.

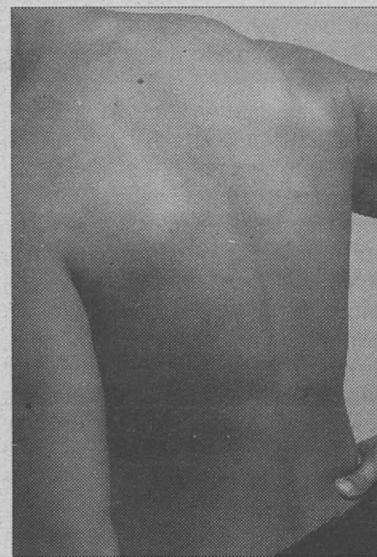
"The principles of decompres-

sion and stabilization are not new," says Jones. "What is new at the Lordex Spine Institute is the ability for physicians to refer patients that have not previously responded to medication or physical therapy.

"As an Orthopedic Surgeon I'm always looking for solutions for persons who do not meet surgical criteria. Virtually all of the patients I have referred have reported good to excellent response at the Lordex Spine Institute."

"In 10 years," Dees said, "I haven't seen anything I've considered a real technology breakthrough. At the Lordex Spine Institute however, patients with herniated disc, degenerative joint disease, facet arthrosis and spinal stenosis all have a new found hope.

For more information and a brochure on the Lordex Spine Institute call (281) 239-6502 Rosenberg and (361) 570-7354 in Victoria.



NO MORE PAIN

Those with chronic back pain and sciatica can now breathe a sigh of relief thanks to Dr. Larry Dees and his new FDA approved non-surgical technology.

Over 12 years ago, NASA discovered that astronauts were relieved of back and neck pain during space travel. In the zero gravity state, astronauts gained as much as two inches due to increased disc height and pressure on their spines were eliminated.

This discovery led to the development of a treatment that mimics this zero gravity state.

The Lordex spinal decompression system was developed by a team of back specialist and NASA engineers. Unlike other types of treatment, spinal decompression repositions the disc and repairs the disc structure. These dramatic improvements are seen on before and after MRI studies.

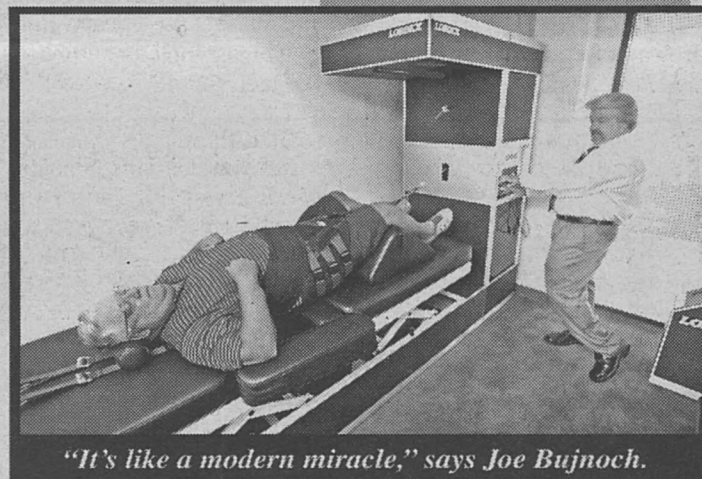
Spinal decompression is a major advancement in the treatment of back pain because it is the only non-surgical disc treatment proven to have lasting results says Dr. Dees.

This technology is helping thousands of patients with chronic pain who thought there was no hope, some even had prior surgery, says Dr. Dees.

Research has shown that in a clinical study, more than 86% of patients treated with spinal decompression were effectively corrected.

Treatment for the patient is extremely comfortable and most patients fall asleep during their 30 minute treatment session. In many cases, the pain resolves after the first few minutes of being on the machine.

Most patients I see have tried everything from medication to surgery, thanks to this technology, I am able to help patients quickly without any risks or complications, explained Dr. Dees.



"It's like a modern miracle," says Joe Bujnoch.

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